



School of Contemporary Dance

Frequently Asked Questions

What dance class is best for my child?

This depends on the child's age, level of dance experience, maturity, overall interest and goals for taking a dance class. For example, a 9 year-old who has been consistently dancing since the age of 5, and is very focused on dance, may be ready for Level 1 or Level A Ballet, Jazz or Modern. On the other hand, a 13 year-old who is new to dance and has many extracurricular activities may choose to enroll in Teen Ballet, Jazz or Modern. This is why a suggested age range for each class is listed in the Kinetics Dance Theatre Handbook. As the school's director, I am happy to talk to parents prior to registering your child to help you choose the best class(es). Please do not hesitate to call me at 410-480-1686 so I can assist with course selection.

Do class levels equal grade levels?

No, class levels do not equal grade levels. Students in the same grade in school could be in different dance levels at Kinetics. Also, the same student could be in more than one level dance class at the same time. For example, a student that has taken Modern for several years could be ready to take Modern 2. If that same student wanted to add a second class such as Ballet, but has never taken Ballet, she/he would begin with Level 1 or Level A Ballet or Teen Ballet, depending on the student's age. As the school's director I am happy help parents select classes to meet their child's individual needs. Please do not hesitate to call me at 410-480-1686.

Do students take each class and level once?

In school, students have each subject three to five times per week, so they receive frequent instruction, exposure and practice. If a student is taking a dance class once per week, it may be necessary to spend more than one year at that level to achieve the necessary skills and confidence before moving to the next level. Students who take two or three classes per week, and are practicing frequently, may be able to progress to the next level in a shorter period of time. It is important to remember that all dancers mature at different rates and at Kinetics Dance Theatre we want to be sure that students are truly ready to be successful when they progress to the next class level.

Can students change from Performance Track to Recreational Track and vice versa?

Yes, it is possible to change from one track to the other. If a student is interested in pursuing dance in a more serious fashion, she/he should consider enrolling in the Performance Track. This student will be taking at least two dance classes, one of which is Ballet. Ballet is a foundation class required to complement other dance training in the Performance Track. If a student has other extracurricular activities and is interested in dance for fitness and fun, she/he should consider enrolling in the Recreational Dance Track. Students in this track may take any dance class of their choice such as Jazz or Modern, without a required Ballet class. If you sign your child up for classes in one track and learn that this is not a good fit, and you would like to make a change, please do not hesitate to call me at 410-480-1686, so we can make the necessary changes to meet the needs of your child.